

Des Arc Serving Lunch M-F

11am - Activities 9am-1pm

September 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 9am Games 10am A.G. 12pm TAI CHI	2 9am Games 10am Chair Dancing 11:30 CVB 12:30 TAI CHI	3 9am Games 9:30 Super Noggin 11:30 BBB	4 9am Games 10am A.G. 11:30 CVB	5	6
7 HAPPY LABOR DAY! CLOSED	8 9am Games 10am A.G. 12pm TAI CHI	9 9am Games 10am CVB 12pm Summer w/ Extension	10 9am Games 9:30 Super Noggin 11:30 BBB	11 9am Games 10am A.G. 11:30 CVB	12	13
14 9am Games 10 AG 11:30 CVB	15 Jacksonville CVB HERE	16 9am Games 10am Gospel Singing 11:30 TAI CHI	17 9am Games 9:30 Super Noggin 11:30 BBB	18 9am Games 10 AG 11:30 BBB	19	20
21 9am Games 10 AG 11:30 CVB	22 CVB – Mauwelle @ LONOKE	23 9am Games 10UAMS ZOOM BINGO SENIOR DAY	24 9am Games 9:30 Super Noggin 11:30 BBB	25 BBB Tournament West Central 9am	26	27
28	29 CVB Conway @ 9:30	30				

Notes: