



DES ARC SENIOR CENTER MARCH 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1) WALKING EXERCISE 9:30 DOMINOES JOKE OF THE DAY 11:30	2) BREAKFAST 8:00 SINGING 9:00 BINGO 9:30 DOMINOES & QUILTING 12:45	3) BALL EXERCISE 10:00 MOVIE & POPCORN 1:00	4) BEANBAG BALL PRACTICE 9:00 RECYCLE 1:00	
	7) HERNDON BARNES SPEAKS ON HIS TRIP TO GATAMALA 10:30 BALL PRACTICE 1:00	8) DOMINOES 8:30 WALKING EXERCISE 10:30 JOKE OF THE DAY 11:30	9) BREAKFAST 8:00 SINGING 9:00 BINGO 9:30	10) DOLLAR TREE IN JACKSONVILLE & EAT OUT AT CROOKED HOOK 2:30	11) PUZZLES BALL PRACTICE 9:00 RECYCLE 1:00	
	14) BALL PRACTICE MEN AGAINST WOMEN 9:30 DOMINOES & QUILTING 1:00	15) ST PATRICKS DAY RECONITION 9:30 WALKING EXERCISE 10:30 JOKE DAY 11:30	16) BREAKFAST 8:00 BINGO 9:00 10:30 BALL GAME HERE DES ARC / ALDERSGATE	17) BALL GAME HERE 10:00 DES ARC VS. THE GOOD SHEPHERD WARRIORS 1:00 EASTER CRAFT	18) FINISH EASTER CRAFT 9:30 RECYCLE 1:00	
	21) BEANBAG BALL PRACTICE 9:30	22) WALKING EXERCISE 10:00	23) BREAKFAST 8:00 SINGING 9:00 BINGO 9:30 DOMINOES 1:00	24) EASTER POT LUCK 11:45 DYE EASTER EGGS 1:30	25) DOMINOES / QUILTING / PUZZLES / A.M RECYCLE 1:00	
	28) GAME AT LONOKE 10:00 DOLLAR TREE LUNCH AT MC DONALDS WALMART	29) GUEST SPEAKER THERESA HAMILTON 10:30 BALL EXERCISE 1:00	30) BREAKFAST 8:00 SINGING 9:00 BINGO 9:30	31) WALKING EXERCISE 10:00 BIRTHDAY RECONITION 12:00		